

Words of Blessing

*May we live in peace without weeping.
May our joy outline the lives we touch without
ceasing.
And may our love fill the world, angel wings
tenderly beating.*

~Traditional Irish Blessing

*May all beings be peaceful,
May all beings be happy,
May all beings be safe,
May all beings awaken to the light of their
true nature.
May all beings be free.*

~Buddhist Prayer of Lovingkindness

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Walk in Beauty

Excerpt from a Prayer from the Navajo People
(public domain)

Today I will walk out,
today everything negative will leave me
I will be as I was before,
I will have a cool breeze over my body.
I will have a light body, I will be happy forever,
nothing will hinder me.
I walk with beauty before me.
I walk with beauty behind me.
I walk with beauty below me.
I walk with beauty above me.
I walk with beauty around me.
My words will be beautiful. In beauty all day long
may I walk.